



ESTABLISHED 1932

XINGNAN PRIMARY SCHOOL

PRIMARY 1 ORIENTATION INFORMATION BOOKLET

FOR COHORT 2019



A SELF-DIRECTED LEARNER, A GRACIOUS CITIZEN



CONTENTS

P1 ORIENTATION PROGRAMME	2
PRIMARY SCHOOL EDUCATION	3
Holistic Education @Xingnan	3
GETTING READY FOR THE FIRST DAY OF SCHOOL	4
First Day of School	4
P1 Parents' Engagement Session	4
Recess Meals (First Week of School)	4
Short Snack Break	4
School Attire	5
Acceptable Hairstyle	5
Packing the School bag	6
How to Lighten the School Bag	6
Primary 1 Packing List	7
GENERAL SCHOOL INFORMATION	8
School Hours	8
Dismissal Arrangements	8
School Diary	9
Homework File	9
Accident Protection Plan for Pupils	9
School Canteen	10
Dental Service	10
PARENTS AS PARTNERS	11
Help your child know his school environment	11
Value your child	12
Build your child's character	12
Help and guide your child in his learning	12
Acknowledgements	13
PARENT SUPPORT GROUP (PSG)	14
HOW TO CONTACT US	15

P1 ORIENTATION PROGRAMME**Date : 15 November 2018 (Thursday)****Time : 8.00 a.m. to 12.00 noon**

Time	Agenda
8.00 a.m.	Registration Note: Parents are to send their children to the classrooms at Level 1 before moving up to the school hall for registration and briefing.
8.30 a.m.	Welcome Address by Principal
8.45 a.m.	Sharing on School Programmes by Year Head Lower Primary
	Sharing by Parent Support Group Chairman
	Sharing on POSB Buddy programme
	Sharing by Big Heart Student Care
9.45 a.m.	Parents are to move to respective classrooms on Level 2 for completion of administrative work. Parents are to pick up their children from the respective classrooms on Level 1 after completion of administrative work. Parents who wish to register for the following may proceed to the school canteen. <ul style="list-style-type: none"> ● Student Care Centre ● Bus Transport Services ● Parent Support Group ● POSB Smart Buddy ● SNAC (School Notification Alert Console) ● SFE Workshop
12.00 noon	End of Programme

PRIMARY SCHOOL EDUCATION

Holistic Education @Xingnan

In line with the recommendations of the Primary Education Review and Implementation (PERI) committee, a range of enhancements are being progressively implemented in primary school education over these few years. These enhancements aim to make learning more enjoyable and meaningful for your child, and seek to develop in them a better balance of skills and values.

At the Lower Primary levels (Primary 1 and 2), more emphasis will be placed on establishing positive learning attitudes where pupils get excited to learn through theme-based learning. Opportunities will be provided for our pupils to practise the right habits and routines on a daily basis that inculcates learning with one another and working in teams. Through reading of books, sharing their experiences and learning through play and practice, we see our pupils getting excited to learn and grow as effective communicators. As parents, you will receive richer and more regular feedback to highlight areas where your child has done well and ways to improve his/her learning. Less emphasis will be placed on written assessments so that your child can ease into formal schooling more smoothly.

Holistic Education @Xingnan emphasises the development of skills and values as well as acquisition of knowledge to enable your child to build greater confidence and develop a stronger desire to learn. This will in turn help your child to develop his/her potential more fully.



GETTING READY FOR THE FIRST DAY OF SCHOOL

First Day of School

Pupils will proceed directly to their classrooms by 7.30 a.m. on the first day of school. Parents may walk their child to his/her classroom and hand him/her over to the form teachers.

P1 Parents' Engagement Session

There will be a Parents' Engagement Session on the first day of school (2 January 2019, Wed) from 8.00 a.m. to 10.30 a.m. at the school hall. Heads of Department will be sharing information on the various school programmes for Primary 1 pupils.

Recess Meals (First Week of School)

To ease pupils' transition into primary school life, pupils are assigned Primary 5 pupils as their Recess Buddies. Their Recess Buddies will teach them how to queue up and buy food from the canteen stalls for three days from 2 to 4 January 2019).

We will factor in time on the 1st day of school for parents to observe their child during his/her recess. For the safety of the pupils, we seek your understanding to not move beyond the designated perimeter of the school canteen. Teachers will be at hand in the school canteen during recess to assist the pupils every day.

Short Snack Break

A 10-minute snack break will be provided for all pupils at least an hour before dismissal. This is for pupils to have a quick, healthy packed snack in class. This is to ensure that pupils do not go hungry before lunchtime and can continue to focus on their learning. They are encouraged to drink plenty of water to stay active throughout the day.

School Attire

Pupils must be properly attired at all times in school. They are to wear the prescribed school uniform. Modification to the uniform is not allowed.

For the lower primary pupils, they will wear the school T-shirt and school PE shorts for all school days. T-shirts are to be tucked in neatly at all times. Girls need to wear their school skirts over their PE shorts.

For the safety and security of every child in our school, it is important that name tags are sewn on to the school T-shirt (above the school crest). In case of an accident or emergency, the name tags will assist the school to identify the pupil. Name tags are sold as a set of 6 pieces and orders can be placed with the vendor for school uniform.

Only white shoes and socks are to be worn with the school uniform every day.

Do label your child's uniforms with his/her name using waterproof markers. This is for easy identification in case your child's uniforms get misplaced.

Acceptable Hairstyle

For the boys,

- Hair must be kept short and neat without any fringe.
- Hairstyle must not be fanciful (e.g. Mohawk style) and shaven too thinly by the sides.
- Sides of the hair must not touch the ears and the back must not touch the collar.
- Hair parting should be in either left or right, not the centre.
- Boys are not allowed to keep facial hair. Boys with facial hair will be required to be clean shaven.

For the girls,

- Hair should preferably be short.
- Shoulder length and / or long hair must be tied neatly into plaits.
- Only plain black ribbons and hair-bands are to be used to tie the hair.
- For fringes, the length should be kept above the eyebrows.

Packing the School Bag



There will be a special 2-week Orientation Programme designed for our Primary 1 pupils to help them assimilate to school life.

Please refer to the packing list on page 7 for the list of books to bring for each day in week 1. The teachers will collect your child's books to be stored in the classroom for future use. Please write your child's full name and class on all of his/her books, files and personal belongings.

The school diary, stationery and water bottle are to be brought to school daily.

A class timetable will be issued to the pupils by the end of Week 2. Pupils are to pack their school bags together with their parents, to promote a sense of ownership and responsibility. Pupils need to learn the habit of packing their bags to be well prepared for school every day.

How to Lighten the School Bag

The school bag should be light for the pupils to carry easily so that they do not injure their backs in future.

- Choose an appropriate type of school bag – lightweight material with few compartments and straps that are adjustable and cushioned;
- Avoid trolley bags as the metal parts make the bag heavier;
- Bring only what is necessary for the day;
- Choose a 12-pack colour pencil box instead of a 24-pack and
- Choose a water bottle of an appropriate size to be refilled in school.

Other personal items, if really needed, could be carried in a separate bag to distribute the load.

Primary 1 Packing List

Please write your child's full name and class on all his/her books, files and personal belongings.

Things to bring Everyday

No.	Items
1.	School Diary (Fill in your child's personal particulars)
2.	Homework File (F4 One Button PVC Clear File)
3.	Stationery Set (Two sharpened 2B pencils, eraser, ruler, sharpener, scissors, glue stick)
4.	Colour Pencils
5.	English Story book
6.	Water Bottle
7.	XNPS Whiteboard with Square Line

Things to bring on 1st Day (2 Jan, Wednesday)

No.	Items	
1.	Grammar Smart Textbook 1	To be collected and kept by teachers
2.	STELLAR Handwriting P1	
3.	XNPS P1 Bridging Book (2019)	
4.	XNPS P1 STELLAR Workbooks (4 books) (2019)	
5.	XNPS A5 3 Line Exercise Book	
6.	XNPS Paper File – English (Blue)	
7.	XNPS Subject File – STELLAR (Dark Blue)	

Things to bring on 2nd Day (3 Jan, Thursday)

No.	Items	
1.	Targeting Mathematics Workbook 1A Part 1	To be collected and kept by teachers
2.	Targeting Mathematics Workbook 1A Part 2	
3.	Targeting Mathematics Workbook 1B Part 1	
4.	Targeting Mathematics Workbook 1B Part 2	
5.	XNPS Paper File – Mathematics (Pink)	

Things to bring on 3rd Day (4 Jan, Friday)

No.	Items	
1.	Social Studies – Inquiring Into Our World Activity Book 1	To be collected and kept by teachers
2.	An Active and Healthy Me – P1	
3.	Form Teacher Guidance Period (FTGP) Pupil's Journal P1	
4.	XNPS A5 Report Book	
5.	A4 Sketch Book	
6.	Toothbrush and Mug	

GENERAL SCHOOL INFORMATION

School Hours

Day	Reporting Time	Dismissal Time
Monday to Friday	By 7.30 a.m.	1.30 p.m.

The school functions as a single-session school. Flag raising ceremony is conducted at 7.30 a.m. Lessons in class will begin at 7.40 a.m.

To promote a love for reading, all pupils are to bring a story book for silent reading every day. Morning reading would be conducted in the hardcourt every Monday morning and in the classrooms every Tuesday morning. All pupils are to bring a storybook to the hardcourt. There would be other pre-assembly activities (see below) conducted before the flag raising ceremony. These activities will begin at 7.00 a.m. and pupils are not deemed to be late unless they report later than the flag raising ceremony at 7.30 a.m.

Day	Venue	Pre-assembly Activities
Monday	Hardcourt	Silent reading Announcements for the week
Tuesday	Classrooms	Reading activities
Wednesday Thursday Friday	School Hall	News and views Touch Science Music & Mania Art

Dismissal Arrangements

Pupils are dismissed every day with their respective classes. Please note that Gates 2 and 3 will be used for dismissal:

- Gate 2 – 1A, 1B and 1C
- Gate 3 – 1D, 1E and 1F

Pupils, who take school bus transport will assemble at the multi-purpose court (MPC) at the Sports and Aesthetics Wing after school dismissal.

School Diary

The “School Diary” will be issued to your child in Term 1. Every pupil is expected to bring the diary to school every day. The diary is used to record homework and tasks. Messages from teachers to parents may be written in the diary. Similarly, parents can use the diary to convey their concerns or questions to the teachers.

The diary is an important means of communication between parents and teachers. Parents should check the diary on a daily basis to know the schedule of activities or read the messages from the subject teachers.

Homework File

The “Homework File” has been included in your child’s booklist. This file helps pupils to store homework, spelling lists and notes issued by their subject teachers.

Accident Protection Plan for Pupils

The school has put in place processes to ensure that all pupils and staff will be safe in school. In case of unforeseen accidents in school, the school has acquired “Accident Protection Policy” insurance for pupils. The School Accident Policy will be purchased for every pupil using the School Fund. Parents do not need to pay for the protection policy.

Claims can be made for physical injuries sustained by pupils in school. Claim forms are available from the General Office.

School Canteen

There are a total of seven canteen stalls in operation, including three Halal stalls.

The school canteen sells only healthy set meals to pupils and staff. The set meals are a part of the Healthy Meals in School Programme. Each canteen vendor will serve at least 2 types of set meal per day. The vendors are encouraged to change the menu to ensure variety. Details about the variety of food and pricing are displayed clearly in front of every stall.

The vendors have also been advised to sell their set meals at reasonable price of \$1.30 for small, \$1.50 for medium and \$2.00 for large meal sets. Hence, an amount of \$2.00 to \$2.50 as pocket money would be sufficient for a recess meal. Pupils may also pay with their smart buddy watch.

Dental Service

There is a dental clinic within the school compound. It provides free dental services for our pupils.

If you would like your child to receive free dental services, please submit your consent online.



<https://childconsent.hpb.gov.sg>



PARENTS AS PARTNERS

Bringing up a child is an enriching journey, and as a parent, you are the key navigator of your child's growth. His development is set primarily at home and in school, and when these two environments are attuned to each other, your child benefits the most. Working hand-in-hand with schools will help you better understand the needs and development of your child, so that you may give him the necessary care, support and reinforcement at home. Partnerships between home and schools, as well as the community, can enrich your child's learning experience.

Inside the Orientation bag, you will find a copy of the Parent-Child Activity Book, a resource for you to support your child's transition from pre-school to Primary 1. The book offers parenting tips and suggests activities to encourage conversations at home. It also helps you reinforce values and routines that your child practises in school.

Here are some tips on how you can help your child in his early years of education so that he can enjoy his learning experience while in primary school.

Help your child know his school environment

The earlier your child becomes familiar with his new environment, the more positive he will feel about going to school.

- Visit or tour the school grounds with your child or show him pictures of the school.
- Talk to your child about the new routines he will be going through every day, such as wearing a school uniform, going to the canteen and playing with his peers at recess.
- Encourage your child to practise skills such as asking for permission, buying food, organising his school bag and passing messages between school and parents.
- Help him to know the sources of help available in school (such as his Form Teacher or School Counsellor) and how he can seek assistance. You can even role-play with your child.
- Get him excited about new experiences, such as making new friends or learning new things.

Value your child

- Value your child for who he is, not just what he has achieved.
- Build and strengthen a good relationship with your child. Respect his opinions and listen to what he has to say.
- Love your child regardless of his results.
- Affirm your child's effort – focus on the process, not the marks or grades.
- Help your child achieve the targets he sets. Avoid comparing your child's performance with that of others.
- Be generous with your praise.
- Make time to play with your child and enjoy his company.
- Encourage your child, especially when he is disheartened.
- Listen to your child's needs.

Build your child's character

- Understand your child's strengths and weaknesses. Help your child develop his strengths further.
- Have realistic expectations and achievable goals for your child.
- Set step-by-step goals to enable your child to achieve them and experience success.
- Discipline with empathy and care. Your child's misbehaviour, though incorrect, may be his best attempt to meet his needs at that moment. Misbehaviours require consequences and correction with understanding and love. Help your child understand why his chosen behaviour is wrong, and learn what are the right ways to meet his needs.

Help and guide your child in his learning

- Help your child to develop a routine for school and homework.
- Create a conducive learning environment that suits your child's learning style/habits.
- Teach your child to monitor his own behaviour so as to develop self-discipline.
- Be alert to his needs and fears. Seek help from school personnel such as Form Teacher, School Counsellor, Head of Department overseeing student welfare, Learning Support Coordinator, or other professionals, if necessary.

Acknowledgements

This chapter is extracted from an MOE-published brochure “Primary School Education”.

You may download the complete brochure at the following website:

https://www.moe.gov.sg/docs/default-source/document/education/primary/files/primary-education-booklet-2018_el.pdf

For the latest news on education and features on schools and teachers, you may also visit “Schoolbag” (MOE’s online newsletter for parents) at www.schoolbag.sg

PARENT SUPPORT GROUP (PSG)



Our Mission

To support school programmes and to foster a good relationship between parents and teachers.

Our Vision

To build a strong home-school bond and share the responsibility in moulding the pupils.

In line with its three guiding principles (PIE):

- 1) Positive Impact for Xingnan,
- 2) Innovation and
- 3) Efficiency,

PSG supports school activities: some are on a daily basis like Cybercafe duties, supervising pupils who do not take Mother Tongue in school; others are on a weekly basis such as Heritage Museum duties, recycling programme, some CCAs. There are also other school wide activities which PSG will always support like learning journeys, Science Entrée, Reading programme, Racial Harmony Day, P6 Entrepreneur Day, P3 Swimsafer Programme, Mid-Autumn Festival celebrations, as well as other ad-hoc activities like Traffic Games.

FamilyMatters@School programme: PSG has supported the school in this programme since 2009. A School Family Education (SFE) Coordinator organises numerous parenting and well-being workshops for parents of the school.

Fathers@Schools scheme: PSG is on board this scheme and organises family bonding activities for parents and pupils of the school.

Parents are encouraged to join the school, through the PSG, in their collective effort of educating the pupils holistically.

If you are interested to join our PSG, you may sign up at the PSG booth in the school canteen after the orientation briefing or online by scanning the QR code below.



Link: <http://bit.ly/XNPSPSG2019P1>

HOW TO CONTACT US

If you have any enquiries, feel free to contact us via the following ways.

General Office : 6791 3679
Fax : 6792 1493

Email : xingnan_ps@moe.edu.sg
Website : www.xingnanpri.moe.edu.sg

Address : Xingnan Primary School
5 Jurong West Street 91
Singapore 649036